



Systemic constellations

Disclosing the inner wisdom of existential relationships

What are family constellations or systemic constellations? How do they work? How can they help us recognise and resolve entanglements in a system that is vital to us, e.g. in our family, in our work, in our relationships, in our lives? Which personal and professional issues are suitable for a constellation? In this evening we will get to know the principles of systemic constellation work. With practical exercises or a constellation, we will also experience how constellations can dissolve blockages, bring our inner images and hidden dynamics to light and what insights and solutions they offer us. Participation free of charge. Please register by January 14, 2022.

QuartierOASE Bruderholz | **January 18, 2022** | 7:30pm

Bruna Toubia

constellations.outstep.ch | 4052 Basel | bruna@outstep.ch | 076 406 53 55

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